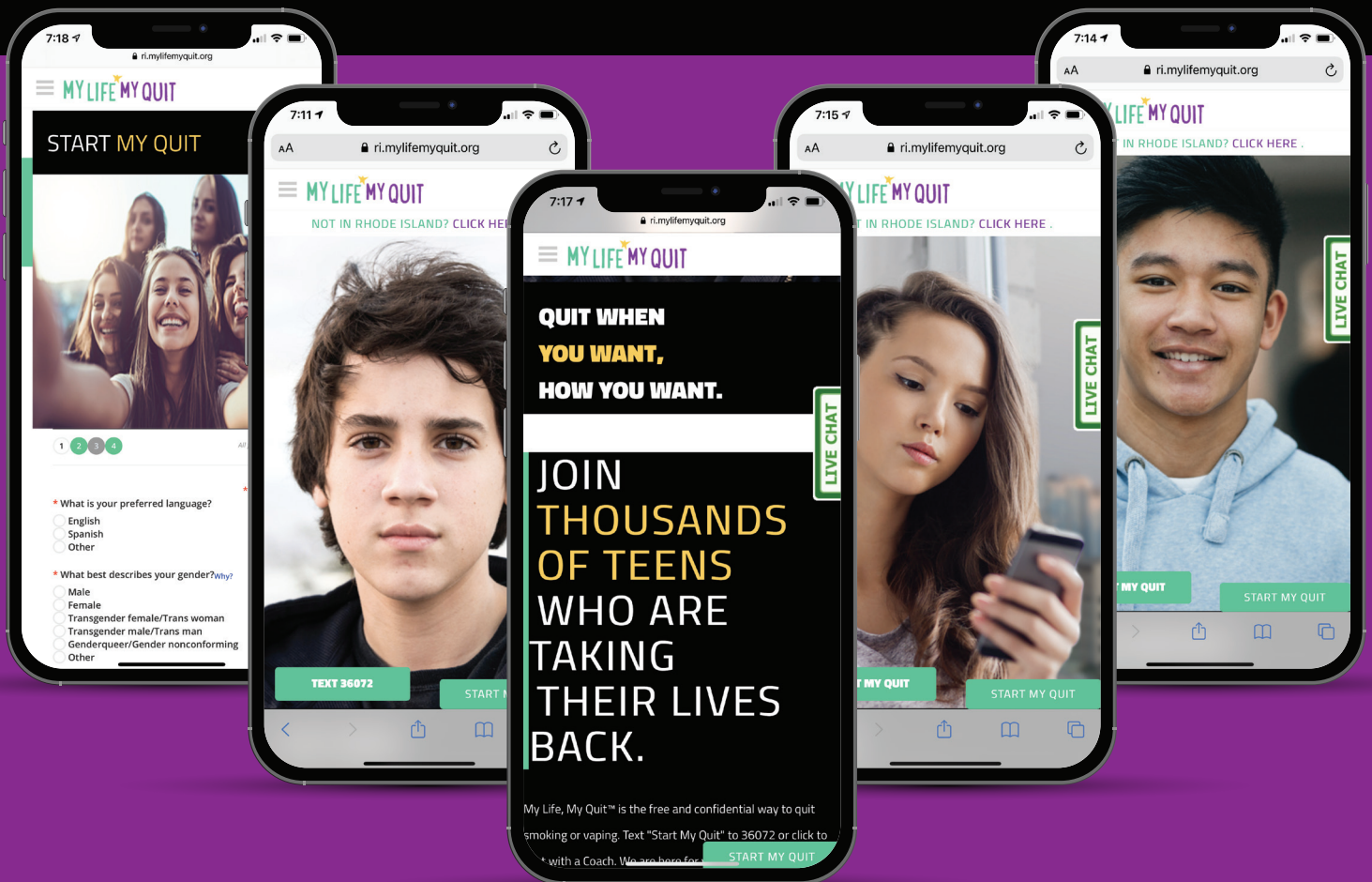


Healthcare and behavioral health professionals may refer patients ages 13-17 who smoke, vape nicotine, or use other tobacco products.

# MY LIFE MY QUIT™



To refer teen patients for free tobacco cessation services, visit [mylifemyquit.com](https://mylifemyquit.com) and select "resources for healthcare professionals". Teens may also text **"START MY QUIT"** to **36072**.

My Life My Quit promotional images and cessation services are provided by National Jewish Health, with support from the Rhode Island Department of Health.

